Circle of Light



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Circle of Light August 2005

The Qualities of Light

Light is the essence of the Creator's Presence within. The light penetrates the soul and illuminates life. Light brings one in line with all that is good, positive and uplifting. What can there be but light! The opposite of light tears down, but light builds and transforms to a higher manifestation of the Creator's Presence. Light is like air: you don't really see it, but it's all around you. Like the warmth of the sun on a hot day, light has a presence that can be sensed but you can't grab a handful of it. Light moves silently. It penetrates, surrounds, cleanses, and can be too intense to endure. Light can be searing and revealing, exposing all. To the undeveloped soul, higher light is far too intense. That is why the light can be modified. Light is the Creator's hand and breath capturing the soul in a grasp and a swirl of energy to wash it clean. Light can cleanse and light can heal. Light can awaken, reveal and transform. Light can embrace and protect. Light can inspire, and light can manifest in stark reality. The light will bring positive change to those ready to move with its message. Light can repel those who are not ready to move forward. The light is there for all. The Light will never harm you; it will always be there to show you the way.

Each of us is a circle of light. All of us together create a more powerful circle of light. And each new member who gives service to the Creator, will increase this circle, and it will grow and grow until it circles the whole earth.

BRING FORTH THE LIGHT

We see the darkness in pockets of deep intensity around the world. We also see areas of gray in varying intensities. These are places of unrest or war, where fear and uncertainly dwell. These areas are being liberated slowly and progressively by the angels of light. We see the light that surrounds these places and how it penetrates and breaks up the darkness. Gradually, souls are being released. This vision is one of

atmospherea, where the forces of change are operating on a major scale. From the beginning of time on this planet, the ebb and flow of light and darkness have been present. The history of mankind all too thoroughly emphasizes the course of wars and the battles for power, territory and human lives. This history is often inaccurate and insufficient in describing how life really unfolds. Not until the publication of Oahspe, was the true history of humankind and life revealed.

Oahspe heralds a new understanding of the world and opens up a new chapter by describing the soul's progression through time eternal. The lessons of Oahspe go beyond history. Within its pages, the tools and knowledge of soul development are presented. We learn that we are expressions of the Creator's Will, Wisdom, and Love. When studying Oahspe, an interesting phenomenon becomes apparent: something new is always revealed with each reading. Beyond the reading, we have an ever greater opportunity to live and act upon the principles we've learned. Oahspe also opens the door to the awareness that there are souls, not of this world, who have traveled from afar to watch and help the earth to grow. Many of these souls lead the efforts to lift away the darkness from our planet.

We learn from Oahspe to look beyond the text and to live a life of awareness. The spiritual world is close and accessible to all. When we are in a safe environment and our intent is clear, the lines of communication with the spirit world are open. The community of souls of light, of which you are a part, is the force of change that will lift the darkness.

The Power to Dream

You can believe in the stars or you can believe in yourself. What "destiny" ignores is the right of an individual to determine his or her own course. "Destiny" also precludes serendipitous inspiration and simple hard work as factors in determining one's future. Although we can see the course of worlds and the path of the stars themselves, we don't presume what an individual will do, nor do we predict the next step that will be taken.

You have more options and opportunities than you dream possible. You have the power to up-end old habits, clear out past debts, learn new skills, and cast your vote for a better life. There is no cap on what you can accomplish, though you may have to prioritize and plan properly. We see you as free individuals, souls who are just beginning to wake up and grow. Who are we to say what you will become? You have the right and the power to dream your own vision and, best of all, to make it come true.

Windows to the Soul

We see the light of your soul in your eyes, reflecting all that you are. The eyes are the windows of the soul. Try this yourself: look into people's eyes and share the secret of spirit, the Creator within. This is an important time for each of you to understand more of life and your spiritual nature. We will be working with you individually to open your awareness in the next few months. All you have to do is begin to say a prayer or affirmation to the Creator. Affirm your desire in this moment to be open to change and to grow spiritually. If you are willing to have our added help, affirm so now in oneness with the Great Spirit, in the service of peace and love for all life.

We ask that you find a few additional minutes during the day for quiet reflection. In this time we will work with you and help you in ways unique to you. Our goal would be to enhance your vision and help you to see your spiritual path more clearly. We want you to better understand your special gifts and see the perspective and find ways to be of even greater service to your fellow travelers on this tiny planet. As we look into your eyes, we hope to see a glowing light of awareness and attunement that will fill your days with inspiration. We are grateful for the opportunity to work with each of you. The more we work together, the more we will accomplish.

Circle of Light ## July 2005

Believe in Yourself

You have to believe in yourself in order to align thought, energy and, yes, blood. Your blood carries the message, just as it carries nutrients and oxygen. If you don't have this component in the bloodstream, it's just "business as usual" without any particular goal to accomplish. On the other hand, if your intention and belief in yourself are keen, the blood leaps at the opportunity to carry it forward. It flows to the farthest points and smallest capillaries to deliver the news. What a buoyant sensation it is to have something positive to accomplish! And to have the confident ability to do it!

You have greater influence than you realize, starting in your very own ecosystem—your physical temple. This is where you start to "manage a world." If you can inspire, support, and sustain yourself here on this plane, you will be a candidate for bigger endeavors when you're on the "other side." Learn the lessons of corporeality well, and you will be a better instrument for spiritual projects. Believing in yourself aligns the Creator's presence with your life blood, and you can only go forward from there.

Circle of Light \$\times\$ September 2005

Walk A Spiritual Path

The world is changing. Be one of those people who can change and adapt, but also grow with the experience. You are living in a world that is in a new phase. This is a time when spiritual awareness is on the rise. There have been cycles throughout history when spirit interacts with corporal in subjective and objective ways. Now, and more so in the years to come, there will be a profound increase of objective spirit interaction with the mortal plane.

We will continue to suggest that you do everything within your power to create an attuned lifestyle. Learn from the positive sources of inspiration passed on to you, starting with Oahspe, so you can develop the principles of a spiritual life in harmony and oneness with the Creator. This is the basic path to take, one that will instill in you the tools and the resilience to grow through these challenging times. You will know how to proceed and how to make the most of your inner connections with the Creator. Only you can choose and develop the means for growth. First, you make the decision and then we add our support whenever appropriate. Be ready for the challenges ahead with a positive, vibrant field of energy within and around you. You will be successful. Feel the power of the Creator's presence grounded within you, infusing you with calmness and resolve. Be at peace as you walk forward on your spiritual path.

Positions Available

Many people think they are limited in what they can do for work. Time, talent, experience, location, and opportunity all play a part. However, given these very same corporeal parameters, an individual may pursue many different spiritual activities. They may be just a small part of the day, but they are unlimited in terms of location and opportunity. Spiritual work draws upon your innate talents—and everyone has some—so you are sure to find a match for your talents. Your spiritual activity is

appreciated at any time of the day; no need to think in terms of nine-to-five or available shift. You will be rewarded with more opportunities to practice doing good works. There are no "layoffs" in this realm. Talent, even that of a novice, is seen as a resource. You will be paired up with a mentor who encourages you, and supported by many in spirit who are skilled in heaven-earth partnerships.

What's Really Life-Giving?

If you honor your own needs—true needs, not mundane distractions—you will find that you have energy available for both work and leisure. You are meant to live fully, not to merely exist from day to day. You can do so much more than simply survive. But it takes awareness and honesty with yourself to identify your true needs, the needs from the soul level, the heart, and the mind. Once you feel refreshed, you will return, again and again, to tap into the activities that really replenish you. However, you must keep focused on what your inner self needs, or you will be swamped with reminders of your old habits. It's not that you're being "tested" so much as you're getting pulled back by the old brain circuitry. To make a shift, body, mind, and heart must unite with the soul and make a pact to choose what's really life-giving. You can lift away barriers and restore hope, as well as energy, if you begin this conversation with yourself today.

Special Message

A special message: Think, think together, think with people of like mind.

This a time in which to be affiliated with others who are like-minded not so much in detail, but in basic understanding and principles. Those of you who have come to know and feel that we are all one, that the Great Spirit expresses in and through all life, be one with each other in the fullest sense. Master the art of fellowship and acceptance. Embrace

each other on a spiritual level. Join together each day in some way, in thought, in meditation, in heart and mind.

Know who is out there; find each other and be connected. This is very important in these times. Create the connections and links that let you know we all are one. Just a word or a thought to say, "Yes, I'm here" can be helpful. Different locations, different lifestyles, different generations, and different cultures should no longer make it impossible to communicate. You may never meet face-to-face on this plane, you will always benefit from knowing another person who shares a similar spiritual perspective. You will be able to discuss what is good and positive in this life, and what is possible for all. Think, think, together; be one with the family of life.

Positive Changes Are Happening

We see positive energy at work in the world. There is much that is occurring to counteract the problems that are happening in the world everyday. We infuse light and inspiration into the lives of all who are receptive. The world will evolve into a place of peace. As it does, the light of the Creator will continue to manifest in the hearts and souls of the world's people. This is a fact despite the often prevalent view that there is little hope because of danger lurking and expressing in diverse places. The old, the selfish, the negative and misguided expressions of mind and soul are difficult to extinguish. Much work is required to make a profound change in the troubled soul. This change will come; it is just a matter of time.

Every moment of every day, the light of the Creator's Presence is at work.

There will be no cleansing flood to wash away the negative atmosphere—not in these times. What we experience now and in the years ahead will be transition. Some changes will be slower than what we would hope for or imagine, but gradual, determined, inevitable progress is the order of the day.

There is a need for growth and awareness to find its way into the minds and souls of the world's people in greater measure. This can be, and often is, a painful experience for many. The light, however, protects

those who practice attunement consistently in all they think and do. Enhance the practice of attunement in your life and in the way you express the light of your soul. Practice your life of light and attunement even when you have some doubt. Positive changes are happening. Atmospherean realms in spirit are being uplifted and the effects will be felt on this plane. Create and maintain a safe haven so that renewal and inspiration can be a daily part of your life. We are with you, ready to help at all times.

Circle of Light Coctober 2005

Your Spiritual Tools

We see this phase as being important for honing your skills. You can reach deeper and give more when you realize that your spiritual tools are part of who you are. You have practiced using these tools at various times, some lightly or casually, some in-depth. Now is the season for employing them full-time, not in addition to your regular job or chores, but through them, as part of your regular lifestyle. You will see that you don't have to live apart from the world or in a monastery to lead a full-fledged spiritual life. It is a different situation now than in centuries past; a new challenge, to be sure, but one which is energizing once you embrace it. The key is this: to completely accept your role and live up to your full potential as a spiritual being in a changing corporeal atmosphere. If you do, you will hasten the reality of a more objective partnership between heaven and earth.

Live Wisely Now and Learn

The time you spend now, learning to walk a spiritual path attuned to the Creator, will serve you well in spirit. You will be able to move through the transition with greater ease. You will not be so easily drawn this way or that. You will have greater opportunity to learn and to develop your understanding of life in spirit. Not all will be as you imagine, but the solid foundation you have developed in corpor will move you beyond many obstacles. Those who know little of spirit while in corpor will need much help in order to advance. Those who are locked into an ideology will have to take a long time to work through issues. Much time may pass before they can find a higher path. They will learn and develop at a pace suited to them, but perhaps in turmoil and with great difficulty. All is not lost with them, but it is still better to avoid this path. Live the life of awareness now and continue the process right away in spirit. It is never too late to start walking a spiritual path or to get more involved. Every

day you walk this earth in reverence and service to the light is a bonus. It is a day to cherish and respect. A day in which to learn.

Caught You Smiling

We caught you smiling. Having a fun through we can see. We see this in your smile, but also in your posture, manner, and eyes. Your eyes are full of energy and life at the soul level. This is good. Caught you in the act of having a little fun. We enjoy seeing you happy in the moment and throughout the day. That smile becomes you, especially when you let humor into your life. You can be too serious at times—yes, you. Relax, it's good for you. Be open to the humor that's within you; then you'll find it all around you. Smile; it's contagious. Better to let go and let a smile spring onto your face than to wear a frown. A smile is much nicer to have with you. So, go ahead and get some practice. Smile! That's right, it's you we're talking about. Greet the next person you meet with a smile and see what happens. Start a trend, create a wave. Have a little fun. Smile.

Circle of Light * December 2005

Be Attuned to the Light

The enormous effort to uplift and transform the atmospherean realms continues. Great progress is being made, but it still will take a long time to complete. During this process the souls in crisis become anxious and resistant to change. These spirits. in turn, pass this feeling of unrest down to the earth plane, causing all kinds of problems. There are many issues in the world that can cause apprehension, and most people are aware of these worldly issues. What most people aren't aware of is the influence projected on their lives by those in spirit. Negative spirits close to corpor can place an added burden on the already troubled mind of the world's people. This influence can result in negative events taking place on this plane, and the stirring up of even greater fears. Don't be mistaken about the extent of this influence on the world's people. We see it everyday.

Be steadfast in your daily practices of attunement with the Creator. Building up the light in your lives helps the world to be more open to positive support. We want you to know that we see progress in you as well. You have been moving forward and your efforts are paying dividends. You may not always feel this positive, but be glad that you have made the effort. These are times of inner unrest that must be dealt with in the most positive and affirmative ways. In so doing, you are buffering yourselves from ill winds and giving yourselves the opportunity to advance through these uncertain times. Your stability is our stability, and it is the world's stability. Take one day at a time. If you live simply and with reverence for the path of light, you will stay above the turmoil. We remind you that this is a long process, but it is on track.

Slow Down to See

You can enlighten yourself simply by taking some time to focus. It is always a wonder to us that we missed so many details-and big sweeping truths as well-while we were confined to the earth plane. They are so obvious to us now! It's not that we became so much wiser when we entered the realm of spirit as that we now can see things without the interfering veils of distraction. This is possible for you to do, too, even at your stage of development. Slow down to stop the "blur". Slow down and see through to the essence, the vibratory level, of people and their surroundings.

The Power of the Soul

Rarely do we see the power of our souls. Nonetheless, we need to see and know this power more. We have the power to express ourselves in many ways that we're often unaware of. Our soul power is good energy, strong and full of light. We need to use it more frequently.

We certainly can see power being wielded in the world, but for mostly selfish, materialistic reasons. This display, this outer expression is not of the soul, but of the mind. The mind can express power in a very determined manner. Great numbers of people can be controlled by this type of power. However, there is no longevity in this path; there is no future; only a short-lived cycle that will eventually collapse.

You who discover the power of the soul will know there is more to accomplish.

You, too, can be determined and conquer with the mind. You can overcome limitations, use your skills, and be successful; but this does not have to come at the expense of others. Using the power of the soul brings light into all you do. This, in turn, leads to upliftment for yourself, and helps all those who share in your world. The rewards for using your soul power will last forever!

Circle of Light ## January 2006

The thrust of our work is subtle, within quiet circles at times, but it is ever-growing in effect. We can predict that some events will happen just because the way is now clear. We can predict other events because they were prepared for so very long ago. But we take nothing for granted. The Creator gives choice to all, and we choose to formulate the best plans possible, regardless of how confident we may be. We say "best" in the sense of not slacking off, of doing all we can to promote goodness in every soul. We sing to you when you are sleeping; we uplift and encourage you in endless ways. We treat you as the divine soul that you are.

-Radiance, February 1998

Lead the Way

You are blessing this circle of light whenever you tune in to a higher source and share your discoveries. It is without a doubt, a blessing to others when you give your talents a good way to express. It's more than a "healthy outlet"; it's a service to others who are on a similar path. Whether you do this through your job, a formal presentation or simply a conversation with a friend you are honoring what the Creator has given to you. Moreover, it brings out the best in someone else.

We are all here to walk a path of light. For some, just finding the path is a long process; for others, receiving encouragement is key; and for a few, leading the way through positive upliftment is the task. We think you can excel in the third category because you're already on the path and you've had the benefit of much encouragement. Now's the time to share the wealth from the lessons you've learned. Walk in peace and teach others along the way.

Expect The Best

We all have a place inside where we feel uncertain. We all experience this from time to time. It's not good to dwell on this. Many situations will come up where you feel uncertain but you don't have a solution in sight. Even so you still can have a positive perspective. In so doing, you can project success. Always keep positive about the outcome. You will then be asking for the best to happen and you will be able to embrace the possibility of success. We feel very optimistic that we will grow and learn and help the world to change. You must grow to believe this as well. Practice expecting the best.

The Option to Communicate

We hope you understand how important it is to maintain your personal link with the Creator. There is nothing more cohesive, energizing, or soul-fulfilling than to reach out and touch the Infinite. To think that you always have this option is awesome. Ready-made communication capability with the Ever-Present is the reward for many years' service, but it is not to be taken too lightly. Refresh this bond nightly—hourly!—and remember the source of all things pertinent to your life and development. Resume this communication if there's been a break or a lack of practice, and be assured that it is still there to pursue. The Creator does not withhold love or the means to live in accordance with the Light; you just have to be sincere. One knows the path once this connection with the Ever-Present has been established: it cannot be otherwise!

The Journey

Arrival at a destination is different than the journey of getting there. The destination is what you hope for or aim for, but the journey is how you organize yourself over and over, and refresh yourself by refocusing

on your goal. In this way, the body comes into alignment with the mind, and movement forward becomes possible.

Seldom does a person speed to a destination without undertaking a journey.

Seldom does a person arrive at a goal without going through a growing process. Journeys were better understood when people literally had to travel slowly, with determination, and by foot. These days, "instantaneous" is the preferred mode, and journeys are not undertaken with the same level of preparation, will power and valor. "Exploration" is a rare concept at a time when new information is just a click away. However, we feel that journeys are appropriate and meaningful when they are the means to discovering your inner world. You have uncharted territory within your being, and you alone hold the compass to establish your direction. Will you walk fast or slowly? Will you deliberately explore every nook and cranny? Let your heart be the gauge by which you measure your progress. You'll know you've arrived home when it fills your entire being.

Trust In The Light

You are connected to those in spirit who can help you to better understand what you need to know in order to help yourself. There is no better way to learn than by being in touch with your inner being. This takes practice. You must experience this process, even though it may be trial and error at times. Practice being still, asking questions, and then listening for answers. You will need some time to learn how to be discerning and to know when your answers are from a higher source. Like tuning a radio, you may find that many of the connections are not worthwhile, or are troubling. Over time, you will develop a good sense of what is right for you, and you'll learn to trust it. You will be able to discern what is babble, what is harmful and, most of all, what is true connection with those of the light. This is a skill that will be needed, as spirit communication will only increase in the years ahead. We each have a responsibility to be our own judge and guide. Trust in your inner light, trust in yourself. Be wise and well-grounded. Learn the basics and make

inner communication real. Keep it simple. Test out what you sense and hear. Does it help you to be healthy, balanced, and on the path of light? If so, great! Keep going!

Personal Attunement Strategy

Create a "homing device" to help you come back to center. If you are distracted, disturbed, or fuzzy in thought, use a technique that is easy to do and easy to remember. You can combine a movement, an affirmation, and a deep breath—or simply a relaxed posture—that will remind you of the calm flow of life through your being. This will grow to be your personal, custom-fitted attunement strategy. In time, your brain will quickly recognize its purpose and will adjust your physiology to reflect a more balanced state.

In Sync with Yourself

You can listen to your heartbeat and hear its message, its plea for a better lifestyle. Likewise, when you do something healthy and positive for yourself, you can hear a satisfied response. Get accustomed to doing this type of listening so you can be in sync with yourself. Moreover, follow through and do what your heart suggests. You'll live longer!

Change Is Happening

With tensions in the world as they are, it takes constant reflection to stay on top of what you are thinking and feeling. There are changes happening to the human psyche. The planet is moving through a place in the firmament that will accelerate change in one's inner being. This change won't be seen from a scientific viewpoint or by any standard means of observation. The change is of a spiritual nature and will bring about a vibrational shift. This shift will influence everyone and everything leading to a period of adaptation. Life moves on and change can be very positive, or it can manifest in a very uncomfortable manner. Mankind is in transition and the light of change is upon us. In time, the light will produce marvelous developmen1s in the spiritual being whom you know

as yourself. In the long run, positive mental and physical changes will happen. In the short run, everyone will feel pressure in cither unfamiliar or even unsettling ways.

This is a period in which the light is enhanced so that the outcomes for humanity will eventually be more positive. For many, it will lead to concrete, conscious efforts to improve one's self. The vortex of energy that holds each of you and the world together will intensify. Those who can stay centered will be able to withstand the buffeting winds of change. Those who are not centered in a balanced way will be cast to the outer edges of the vortex; they will be battered around and will lose their footing. Being swept up by the whirlwind will be quite unsettling and tenuous. Having to make important decisions under these conditions will be very difficult. Many such decisions will be harmless and workable, but some will be dangerous. There are many places in the world where the latter category prevails. Those who are able to stand their ground in a harmonious and light filled manner will anchor the rest of the world and prevent it from flying off into chaos,

In the "quiet zone", good works can be done on behalf of all. Find the "quiet zone" and do your work. Maintain your unique perspective; make the most of this time of change and allow growth to happen. Too easily can you be cast to the volatile, outer edges, where it is very difficult to find solid ground. Keep yourself grounded in the light in a very conscious way. Be proactive, and you will continue to succeed.

Circle of Light 🌣 February 2006

Your True Nature

We sit with you to hold the focus. It is eternally springing forth through those who commit themselves to learning more and sharing that light with those who seek the truth. We want to touch you spiritually as individuals and as a group so that you understand your purpose. You founder only to the extent that you "don't know what you're doing". Some of this is real on the physical plane, but it is temporary.

Of more significant concern is a clear understanding of your spiritual nature—to begin with—and your spiritual path.

You have been given many opportunities to question, to expand, and to "get real" about this work. We feel that some of the tardiness is due to lack of understanding, but some is also due to your inherited tendencies, which have to be examined, put to rest, and cleansed from your cells. Yes, spiritual potential is often "locked up" for a while because the person hasn't stepped through the doorway to a clear, unencumbered path, free of old tendencies which have been passed on through heredity. You can certainly sift out what's valuable. After all, you're also here because of the good qualities you inherited!

But there comes a time to dig deep and find what is stopping you from going through the doorway to better light. Even stepping through briefly, out of curiosity, will allow you to see from a different perspective. The improved "lighting" and increased lightening of your soul can only be experienced first-hand. The same holds true for benefits: they're all yours to grow with. Such a relief to be free from burdens! So much potential available for your use!

We wait to hear from you. If you wish to know more, we'll be there to support you.

Wandering Soul

You can't help the wandering soul—unless he or she is looking for light. We intervene when necessary: however, that is the exception, not the rule. If one already has knowledge, one is responsible for using it to

the best of one's ability. On the other hand, if one really asks for help, the Creator is right there. You can't force this; it has to be self-initiated. And, when it does happen, upliftment takes place, more possibilities open, and the person feels supported. A place to begin, and a place from which to grow! Celebrate your resources; don't waste them. Honor your gifts, not neglect them. Understand that you are helped to the degree you want to go forward. Pray for lost souls, but pray for your own growth as well.

A Spiritual Path

How do you define a spiritual path? It has been said that, to gain attunement with the Creator, plus a healthy, harmonious lifestyle, and enlightenment of the soul, one must walk the spiritual path. What will you find along this spiritual path? How does one stay on this path once upon it? If one were to stray off the path, can one get back on it? Who might the traveler meet on this path? What is common for all and what is different? How much energy and focus does it take to remain on the path in a positive and productive manner? What are the answers that come to mind for you when you read these questions? We are connected now because we seek to grow spiritually, we seek a spiritual path. We want to know what you think about this subject. Use this simple exercise to define and express your path.

Openings Ahead

You simply have to become aware of the powerful changes taking place. We don't mean the news. We watch as change agents sweep the planet, leaving space for something new. Of course, we work to keep those spaces open and protected so good can grow. It will be a long time before some of the seeds come to fruition, but there are shorter-term projects that already are bearing fruit. We can't tell you how happy we are when we see a new opening occur; that's when we "rub our hands together" and get ready to put a plan into action.

It isn't typical for many of these openings to occur simultaneously; however, in a time of rapid change we're ready as teams, to act quickly. Not that we are impulsive-on the contrary, our plans are well laid out. So, this is another reason why we urge you to "pick up the pace" spiritually;

we need earthly assistance to tie some pieces together. As there are openings in the macrocosm, you have opportunities for openings on the microcosmic, or individual level. There, too, you can move ahead promptly if you have plans for development. Who do you want to be? What would you like to create in terms of spiritual growth?

Time For Attunement

What a boost to our unified spiritual effort we'd have if all of you could create a time each day for spiritual attunement. This means a time without distraction, devoted to connecting with the Creator within. How you use your time is up to you. Create a process, procedure or ritual that allows you the opportunity to focus on this objective. Make it flexible, fun, interesting and private. Be guiet, ask guestions and find a means to receive answers for part of the time. You can pray, meditate or bless others. This is a time for the light to come into your life and for you to express it in what you do. This is sacred time that must be respected by you and those around you. This is a time to be aware of your connection to the Creator and your attunement with the Creator. This is a time when your voice should be heard in speaking to the Creator, as well as a time for you to listen for the Creator's voice within. As we all gain in our ability to focus on our attunement and expression of the light, we will create greater and greater opportunities for positive change to manifest in the world.

We don't make enough time to be still or to move in a relaxed, spontaneous way.

That is why it is so important to create a space in time to develop our spiritual side. We can create a bubble of pure vibration and energy that does not let in the random and chaotic energy of the world. You do not have to go to a sacred place in order to create a sacred time and space. Granted, it's very difficult to establish in many circumstances. However, these problems should never deter us. Why? Because, if we have nothing else, we always have space within ourselves, in our mind, body or soul. We can discover our inner space. This is where we start, from a thought, a feeling, or an experience that awakens the spirit. Oh, what a feeling this can be! Or it may just be a vague desire; nevertheless we

can move from within. In being creative, being aware, making an effort, we are establishing a space that we can go to. In this space, the doorway to possibilities is open. From working within, we can progress to working externally. We can find the best of light-filled space within and without. Start now; we will be thinking of you. Together, we will build, brick by brick, a solid foundation for a structure of light in which we can communicate and prosper, and the world can know of the light that moves us all.

Circle of Light \$\times\$ March 2006

The Internal Landscape

Rather than concentrating on the physical shifts, bring your energy and thoughts to bear on what you're doing inside the internal landscape of your being. If you can concentrate on making that space positive and self-supporting, you will have no problem with the "rocking boat" of the larger planetary landscape. You will have found a safe harbor, a natural mooring for all that's meaningful and life sustaining. You will have found the Creator's presence and a way to keep yourself attuned, no matter what is happening outside your temple. This is not far-fetched; it is the likely scenario for a soul that is trying to grow. You can use this example as a starting point for your own journey inward. Be assured that the signposts will be clear. Simply announce your intention and find your way home.

Letting Go

We see that you need guidance, that you need to better understand what has to be accomplished in order to grow spiritually. You want to succeed, but progress is slow. You want change to be more dynamic. You are right in wanting a change, but you must bring in the new in a way that makes it organic and lasting. Masking over the old will not do, for the old ways will eventually creep back to the surface. You need a fiery desire that will burn away the old, release the past, and spark movement forward.

The key is to find ways to let go. What are the old patterns that you still endure that keep you from growing and evolving? Begin there, by taking a look at who you are and how you have been conducting your life, Is there pain, anger, anxiety, lack of energy? Whatever interferes with your being more positive and attuned is an obstacle, an old pattern to let go of. Name them, describe them, bring these obstacles to change out into the open. This will be the beginning of letting go and releasing them. Then you can start defining your goals and how you want to be in a new expression of your life. Start with identifying the old patterns and then you will be in a position to begin letting go. Remember, you are

never alone but one with a mighty host of souls equally involved in the process. The light is with you.

Find Stillness

There is a place within you where there is stillness, and in this stillness dwells your consciousness. This quiet space is where you know and understand life. You won't find understanding in the busy rush of the mind. You must step away from the constant dialogue of the mind to that still place within, and there you will find the answers to your questions and the direction in which to proceed. Being in conscious awareness in this quiet space, you will have the chance to see what is going on with yourself. From this vantage point you can see the truth of the matter and the real nature of things. How do you get there? By intent, by stepping back from the mind's activities, by knowing there is more than the mind, Practice being still and just observing; in time you will recognize that you are alert and aware in a space beyond rambling thought. This is being conscious on a higher level. Here you are one with the Creator and here you will know more. Be present in the moment and still within the core of your being.

Circle of Light April 2006

The Course of the Soul

You have been blessed with a million years of learning. Think about it: that's eons of good fortune, with the Ever-Present Creator as your teacher. You can speak up and ask questions whenever you wish. You assign yourself your own homework, all in a quest for understanding how you fit into the grand scheme of things. As a soul, you are delighted to do this. As a human being, however, you sometimes balk and ask if the process is worth it. You may think that you're not up to the challenge. Or you may even plead to "stay the way I am". But we know differently. The course of the soul is onward and upward. New experiences, new journeys, and fresh awakenings beckon you. It's not so much a task as an adventure; an invitation rather than a chore. The key lies in strength of purpose and simple openness to new signs of life.

Stay Positively Charged

Being attuned to the Creator's presence while following this path of light is the best place that we can be. We want to know more; we want to do more for the spiritual work that is the fabric of our lives. We can! We are in a time of growth, and change will start to manifest in more positive ways on this plane,

We don't see the positive at times, because it can be overshadowed by the many problems people in the world are experiencing. There is a small element of danger in being aligned with the light. The key to keeping yourself out of trouble is to stay positively charged. Live healthfully, monitor your energy, and restore it when it gets low. When interacting with others, protect yourself by creating a mental image of a protective bubble of energy around you. You can maintain this bubble with positive intent and affirmations. If you are feeling down, get up and move, walk, sing, or dance. Be creative and active to reinforce the positive energy within you.

You can help others by letting out the light of your soul, and helping them sense the light within themselves. Do this without identifying too closely with their problems. You can understand the problem and help them see it more clearly, but know that it is theirs. Keeping your energy separate from theirs will protect you from potential negative energy. This is very important to remember as you develop your spiritual nature and spiritual role in this world. The guardian angels inspire you, but they also protect you as much as they are allowed. As you become more aware of your actions and the need to protect yourself, the angels will be able to protect you more. Make protecting yourself a thoughtful, conscious part of your daily activities.

The more that you work alone, the more careful you have to be. In a group, there is amplified energy and a broad blanket of protection that covers more situations than when working alone. Space within your home or a common space dedicated to the spiritual work will provide a sanctuary of light. Here you can let go of the negative and rejuvenate yourself. Going to places of high vortexyan energy, such as the ocean or the mountains, will have a similar uplifting effect. You can pray, bless, heal and help others without taking on any of their burdens. Just do your work in a mindful way and surround yourself in a golden bubble of light. If you create and give permission for your own protection, ask for assistance, and set the intent, you will be fine. The angels are always present and ready to add their contributions to any positive, clear, spiritual effort. You are a blessing and the light within you is your power.

The Light Is Strong Within You

The light is strong within you. Feel its power when you have doubts or get distracted from the path. It takes practice to trust that the light will help you get through a situation. This means letting go of fear and old patterns of thinking that pull you towards old ways of dealing with issues. Turning to the light will bring you ongoing support that will last a lifetime. However, you will need time to develop and embrace new ways of eliciting the light. How does the light come into one's life? There is light within every soul because all are one with the Creator. The light is available for everyone, but it grows and expands in specific ways. The more a person puts self aside and sees the oneness of all life, the more

the light will manifest. One must be open to change, be ready for growth, be ready for something positive.

You can have 'success' in life from a worldly perspective without generating much light within. This is, however, a path that always leads to a fall. We can easily separate ourselves from the light with our selfish and negative ways. This path is not one that can sustain momentum forward. A path more aligned with positive and selfless action will increase the light and support life. The light will prevail. For we are one with the Creator and, as such, we are beings of light. Be successful in light-filled ways. Replace all doubts with positive action.

The Benefits of Sleep

You must remember to count your blessings each day. The traditional evening or bedtime prayer of thanks is a good example for both children and adults to follow, particularly if the day has been stressful. This practice will re-center you and smooth any "ruffled feathers" before going to sleep. It also will allow us to come closer. We can speak to you when you're in a receptive state, inspiring you through dreams or upon awakening. While you may not remember much when you're sleeping, it is a good time for us to work on your aura and cleanse away old or dissonant vibrations. Hence, sleep is restorative on both the physical and spiritual level when you precede it with calm, sincere prayers of gratitude.

The Greatest Gift

Every cell of your being emanates light. The light is the positive pole that ignites a spark. The light is the force that moves life on all levels. The light is the Creator's breath flowing across the universe in a swirling vortex of energy. Plants and animals follow their inner light precisely. They have a clear path for expression of light. Human souls follow the light as well. However, mankind is different from the plant and animal kingdoms; human beings can make choices which may not be clearly aligned with the light. Plants and animals stay on their life's path. People alter the path constantly. Each person has gifts that make him or her unique. They have the opportunity to be more than they currently are.

Some people will wonder what their gifts are, while others will use their gifts in fantastic ways. In time, all will become aware of their gifts.

Appreciate the gifts you see manifesting around you and within you. If you feel that you haven't realized your gifts yet, know that they will come. You will need to look for them, learn to recognize them, and use them in positive ways. Expand your awareness today; bring out your gifts. Feel the light within you. Be thankful for your life, the greatest gift of all.

Circle of Light \$\times\$ May 2006

No one can affect you more than you affect yourself. Are you willing to settle for second best? Can you create an atmosphere of freedom for yourself in which to grow? Are you instilling courage in yourself? "Growing pains" are the result of the soul making more room for itself in the physical body. You may not look different on the outside, but both you and the observer will note a change in feeling. The soul shapes your being in positive, dynamic ways. The more you support your spiritual growth, the more the soul establishes its presence, until it is beaming through your pores. Just one good thought can turn up the light intensity. You have the power to produce many such increases even in a single day. Take hold of yourself and invigorate your soul through spiritual exercise.

- Radiance, October 1992

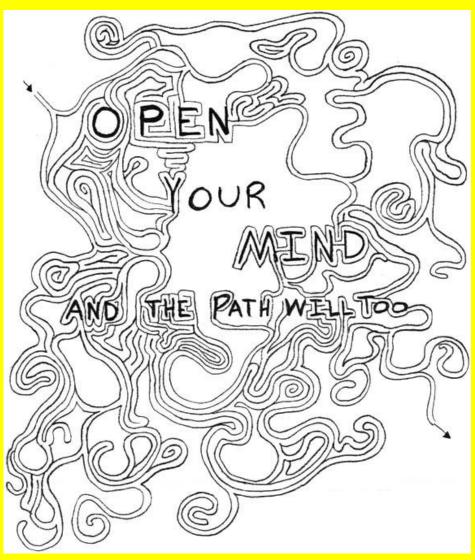
An Answer to Your Prayers

You will find the answer to your prayers, not in any fortune teller, lottery ticket, or "game plan", but in the way you approach life. If you are reverent, mindful, just, and purposeful, you will see how the Creator unfolds the real plan, both in your surroundings and in your soul. You will grow from the inside in response to the "outside" and your personal inspiration. You will notice how much this growth depends on interaction, rather than isolation or passivity.

We recommend that you continue to pray—often!—but also pay attention to the sometimes subtle ways in which the Creator answers. It may not be a formal reply on paper or a package marked "Special Delivery"; it may even happen in the time frame or the situation you expect. But, remember, every prayer said clearly is heard and recognized; every sincere request will receive a response. You are blessed in some way every day.

Attention to the Right Details

Happy is the day when you can come home energized! This is possible, given the right mix of attitude, wellness, peace, flexibility, and job environment. You can forgive yourself for mistakes and resolve to improve tomorrow. You can overcome tension by unwinding. You can listen to your heart as a gauge of your vitality. All is possible with attention, close attention to the right details. Then your energy will be directed toward life-giving activities rather than distractions. Overall, you are the one who is mostly in charge.



The Time for Action

We believe there is hope even when you think you've set yourself backward or have not lived .up to your potential. This is *today* when you can reset your goals and ask how you can do things better; *today*, when you can start a new habit or fulfilling activity; *today*, the time for action. You can't do anything about yesterday—except reflect on it—but you can change your attitude, your expectations of yourself, and your habitual patterns *today*, here in this moment. If you choose to do this, you will be prepared for tomorrow with a brighter face and a more uplifted mind. Let hope speak to you in a specific way; let it magnify the truth of your situation so you can see a solution for yourself—today.

Follow Your Highest Light

Follow your highest light with an eye focused toward the future. Create images of where you are going and what you want to accomplish, while holding your awareness on the light within. We can all achieve goals and find peace while holding to our higher principles. There is so much potential within that we need to tap. We often fail to achieve our utmost for reasons that could have been surmounted with a little more faith and insight. We need to hold onto our dreams and goals and not let go of them too easily. We sometimes forget what powerful resources we have available to us, especially those within ourselves. We can summon up courage, strength, and will in greater proportion than we often realize. These are individual capabilities that we surely have the capacity to further enhance with awareness and effort. We are also supported from the spirit side. When we have our chance to be ashars in spirit looking over those below that are our responsibility, we will be getting a real education about what it takes to do a good job. We will also gain perspective on how much support there really is from the spirit side. We can only imagine this now. However, if you stop to think about it, you can probably come up with scores of situations when you just knew someone unseen was there looking out for you.

Knowing what we know about our spiritual natures, we can easily give thanks to our spiritual counterparts for their loving assistance. Their efforts can be multiplied proportionately by the level of our awareness of the light and our openness to receiving its blessing. Be encouraged by this fact. Know that you can go further in your efforts when you add conscious awareness of your highest light. Take time as well to be aware of the support that is coming your way. You can utilize it more as your awareness grows. There are many traveling the path of light, and we can all help each other along the way.

Heaven on Earth

You may be experiencing a beautiful day today. The sun is shining, the birds are singing. There is a gentle breeze blowing. Cascading water nearby fills the air with delightful sounds and energy. This is just one view of a beautiful day. How is it q beautiful day where you are? What does your day look like-the sky, the air, the landscape? What do you smell and hear as you look and listen to the day around you? Each day can bring a special moment for appreciation. Do you take the time each day to appreciate what you have around you? What you experience may be so brief, or it may last all day. What is important is that you recognize the possibility for special moments and have the intent to find them. Also, not just to find them, but to savor them. Too much can be missed. Stay on your toes, be ready to see what's there, and give thanks for a little heaven on earth.

Who Is Your Friend?

You can count on having one friend. And that friend is as close as your own breath. Let that friend talk to you. You are in need of advice, consolation, good cheer, humor, and even common sense at times, and this friend will supply just the right words—that is, if you will listen. Take this to heart: you are not alone unless you consciously close yourself off from support. Then you will not reap the benefits of friendship until you open your ears and let down your walls. The Creator does not neglect you, but do you neglect your need for a wise and faithful friend?

Arise, Arise

Arise, arise, o souls divine and let your love light shine! This is a great affirmation that we've used for decades. We are living in times where we need to embrace this calling. We are being called to action. We must stand tall and let our love light shine. We must support all that is positive and respect the natural way of things. We are all too often bombarded by the artificial. Who stops to listen to the wind in the trees? Who knows the sound of a humming bird's wings in flight? Who still appreciates the smell of fresh-cut grass? Who likes to stand in the rain? What is it that separates us from the real world? How does the world learn again to appreciate the rhythms and profound truths of nature? There is too often the artificial separating us from the miracle of life. Are we more advanced today or just advancing more toward a world lost in a maze of objects? This is a time to be in the present and protect the real, the air, the ground we stand on. We are being called to slow down and notice who we are. Is there anyone of this planet, born into this world, who isn't a part of it? No! We are all of this place, this earth, this time. Although, in the minds of many, there separation as if they were of another world. This is only the mind of illusion and self talking. We are being called to let our love light shine to establish avenues for the greater light to descend upon all. We believe in a higher destiny. In this belief comes the calling, to let the light go forth through every cell of our being in individual ways and in collective ways. The times demand the effort on behalf of all life. We are one. Arise, arise!

Circle of Light 🌣

October & November 2006

Each day, as we focus with you in spirit we always endeavor to impress upon you our continued awareness of, and devotion to, the Ever-Present Creator of us all. We live in a constant conscious awareness of the All Person's active attention to, and participation in, our lives. We know that each of us, however humble our task may be, is participating in a Divine Plan, one in which we are all needed and appreciated by the I AM.

The more we can remain in active awareness through sincere service and selfless devotion, the more our usefulness increases. There is no joy greater than living in the awareness that we are serving the Great Spirit's purpose in our lives, and that the Ever-Present sees and knows all that we are doing.

Though we are not given continual recognition for our work, the time does come when we are shown that what has transpired was noticed and appreciated, and this does give us encouragement to reach out in ever more ways to touch the lives of others through selfless service. Strive to live in a state of Divine Awareness, and your life will be filled with profound Joy and peace. No calamity can then befall you that you will be unable to endure and transmute into a blessing for someone. Remember that Jehovih's universe is unfolding as it should, and you are a precious diadem in that star-filled sky!

- Radiance, October 1992

Listen!

Nothing is more quiet than the soul whispering to its corporeal temple. It's simple and clear, but not loud. That is why it is so important to get away from distractions so you can discern your soul's voice from all other sounds.

Your voice is an able companion for your soul's voice. You are not strangers, yet it takes some time before the two voices are in alignment, and even more time before they merge into one strong voice. As this happens, your feet will move more confidently on the path. You will breathe easily, and your mind will be free of conflict. The Creator's presence will infuse every step and every thought—just as it was meant to be!

Kindness

There is a power and a prayer in every act of kindness to one's self, another person, a plant, an animal, the earth, the sky, or a thought. We live in a dynamic world of energy. Everything is in flow, in dynamic change. Every cell, every grain of sand, every mountain, every thought is changing, evolving toward a new expression of what is. The human soul with its long path of growth here and in spirit is just one aspect of life expressing in a unique manner. What you do with this energy is everything and it is nothing. "Nothing" in that you are just one drop in an ocean of billions. "Everything" in that you have the ultimate capacity to take every moment, every single one, for all of eternity, and change it. You have infinite power. You are not just fulfilling your part in the design; you have the power to change the design. In a prayer of peace and love, you are using your will to create a new outcome that has the potential for profound change. You can change the design to add to and enhance what is precious and beautiful in this multi-textured artwork called life. You can add richness and joy. In an act of kindness you realize in a moment, a power and a prayer.

Trust in the Creator

Work in a positive way every day to make worthwhile changes. You can resolve all problems in a positive manner. Let go and trust in the Creator within. You will most certainly turn things around. Here in this moment is the time to address all issues.

We have said many times that you must find ways to stay above the fray.

This is as true today as any other day and time. The world is in transition; it is time for growth and change. With this process of development comes uncertainty and unrest. The old ways are difficult to let go of and, in the struggle to prevent change, there can be much suffering. We are witnessing this process all over the world. Now is the time to peel off the old skin. The skin is the body's largest organ. In shedding skin, we awaken new cells and revitalize our senses. We can develop a new sensitivity and awareness. We will then be ready to be part of this world in a new way, a more uplifting and spiritual way.

You must take some time to reevaluate how you are staying positive and above the fray. Are you being successful or, like most of us, do you find it is time to make adjustments? Perhaps it is a matter of refocusing your thoughts and energy, or just recognizing once again the need to stay focused. Do you feel calm inside? If so, great! Do you have timedo you make time—to pray and attune yourself with the Creator's light? Are you able to give and receive this light with others, or do you find yourself alone? Take some time over the course of a week and look at the path you are on. Write, takes notes on what you discover. At the end of the week, see what you have learned. We in spirit who are with you will monitor your search. When you feel you have a good sense of where you stand, create a plan to improve your position. Plan how to be as strong and purposeful as possible. Ask for inspiration; we will all do our best to assist you. Then act upon your findings and your inner inspiration. This is the time to bring your spirit higher, to dwell in a place of greater light. Share and prosper in it. Stay above the fray. Look up here, just a little further along the path, and you'll see us willing you on. We are one in the light and love of the Creator's presence.

Circle of Light 🌣 March 2007

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- Radiance, October 1992

Circle of Light

We live in a circle of light that encompasses all souls. We are touched by the light at all times, but do we recognize it? Do we take the time to acknowledge the light's presence with us? Not always. We can be oblivious to the light or we can see it as all-powerful. We must take notice. Hidden as it may be, within the convoluted passages of our thoughts and perceptions, the light is Ever-Present. Like an underground river deep below the surface, the light is at the core of our being. Now is a time to reflect upon this and to strengthen our bonds with the circle of light that connects us all

It is a time for reflection for the Eloist organization as well. We must pause for a little while with our publication of "Circle of Light". Just a pause, until this avenue of expression is renewed.

The river has opened into a vast lake, calm, serene. Across this vast expanse the river picks up its momentum once again. For the moment,

we will be still within ourselves. We will pause and spend time in this calm and serene space. We all can benefit from quiet time, so we can become creative in new ways. Be still within yourselves and think of the words, the messages of inspiration that come to you, Share them with us if you like. Correspondence is a great way to strengthen connections. We are all one in the Circle of Light.



We welcome your questions and comments.

Please write to us at our mailing address:

The Eloists, Inc., P. O. Box 83, Henniker NH 03242